

November 2020

St Mary's d'Youville Pavilion Therapeutic Recreation Department

* 102 Campus Ave Lewiston ME 04240 * 207-777-4200 *

Informational Corner



November 2020

Informational Corner

What's Happening

ZOOM/FACETIME

Special Functions

Family Visits

**Therapeutic Recreation
Department**

Shelly- Director Recreation Therapy
Jessica- Recreational Therapist
Karen- Activity Coordinator, TAC
Cassie- Activity Coordinator, TAC
Susan- Activity Coordinator

"BE THANKFUL"

Be thankful that you don't already
have everything you desire.

If you did, what would there be to look forward to?

Be thankful when you don't know something,
for it gives you the opportunity to learn.

Be thankful for the difficult times.

During those times you grow.

Be thankful for your limitations, because
they give you opportunities for improvement.

Be thankful for each new challenge,
because it will build your strength and character.

Be thankful for your mistakes.

They will teach you valuable lessons.

Be thankful when you're tired and weary,
because it means you've made a difference.

It's easy to be thankful for the good things.

A life of rich fulfillment comes to those
who are also thankful for the setbacks.

Gratitude can turn a negative into a positive.

Find a way to be thankful for your troubles,
and they can become your blessings.

~Author Unknown~

What's Happening

Infection Control:

All Residents were tested on October 19th and were all NEGATIVE!

Staff were tested for two weeks to maintain a safe environment.

We as staff are continuing to keep a safe environment for everyone due to COVID-19.

Thanksgiving Meals for Our Residents!

November 9th to November 20th

Menu

Roast Turkey, Stuffing, Mashed Potatoes, Gravy, Squash, Green Beans, Dinner Rolls, Cranberry sauce, and Pumpkin Roll



ZOOM/FACETIME CALLS

Please Contact **Unit Nurse Managers** or **Shelly** in Therapeutic Recreation.



Happy
Thanksgiving

Family Visits

We are excited to have an indoor area for our family visits during the inclement weather.



Family Visits

For Scheduling or Canceling a Visit

**Please Contact:
Therapeutic Recreation
Department
777-4461 (Shelly)**



Your Return Address
Street Number and Name
City, State ZIP Code

Postage
Information

Your Mailing Address
Street Number and Name
City, State ZIP Code

Please!

***Social
Distance 6ft**

***Wear Masks**

