

February 2020

St Mary's d'Youville Pavilion Therapeutic Recreation Department

* 102 Campus Ave Lewiston ME 04240 * (207) 777-4200 *



February 2020

Informational Corner

Quality Board

Family Meeting

Monthly Schedule

Birthdays

**Therapeutic Recreation
Department**

Shelly-Director Recreation Therapy
Jessica-Recreation Therapist
Karen-Activity Coordinator, TAC
Cassie-Activity Coordinator

Informational Corner



Talking with Residents and Family Members

About Antibiotics

The last time this happened, the doctor prescribed an antibiotic and my family member got better. Can't we just do that again? Just in case?

Five potential health problems can occur as a result of taking an antibiotic.

1. Allergic Reactions

People may develop a rash or swelling. Allergic reactions don't happen often.

2. Side effects

Most antibiotics have only mild side effects, such as stomach upset. But side effects vary a lot from person to person, and from antibiotic to antibiotic.

3. Interactions with other medications

Some antibiotics interact with certain drugs. Medications such as antacids, anticoagulants (such as warfarin/Coumadin), blood pressure medications, or anti-diabetic medications can interact with antibiotics. Some interactions can be harmful, for example by causing organ damage.

Informational Corner Continued

4. Infection with Clostridium difficile or C. diff.

C. diff is bacteria that can cause diarrhea, pain or cramping in the stomach, weight loss, fever, and dehydration. Someone is much more likely to get a C. diff infection after taking antibiotics. Once a person has C. diff, he or she can get it again more easily.

5. Antibiotic resistance

Antibiotics kill bacteria. Sometimes not all the bacteria are killed. The strongest ones are left to grow and spread. A person can get sick again, and this time the bacteria will be harder to kill because the bacteria are resistant to the antibiotics. In other words, the more often you use an antibiotic, the greater the chance that the antibiotic won't kill the bacteria. As bacteria become more resistant, it becomes harder to find effective antibiotics. Your family member may also have to be put in isolation to prevent resistant bacteria from spreading to other residents. The best way to reduce this risk is to only use antibiotics when necessary.

Quality Board

On Thursday, January 22nd, d'Youville Pavilion participated in a 'functional tabletop' exercise in conjunction with key local community members.

Lewiston Police Department, United Ambulance, CDC, the Health Care Coalition of Central Maine, and d'Youville staff and leadership were given the task to have to evacuate 100 beds from d'Youville in this drill. We were given 90 minutes to do so. Within 58 minutes of the drill, together with our community partners, we were able to navigate the surprise curves in the event and identify 100 beds and discharges to evacuate and complete the drill.

Thank you to our community partners, as well as the facilities who participated in this functional tabletop exercise, including but not limited to Bolster Heights, Marshwood, St. Mary's Regional Medical Center, Androscoggin Home Health and Hospice, Russel Park, Gray Birch, Clover, Montello Commons, and the VA. We appreciate the collaboration among different agencies and facilities.

Family Meeting

Meetings will be held on the 3rd & 4th Floor in the dining rooms.

Please see Nurse Managers for more information.



Monthly Schedule

Chapel Schedule:

**Mass at 9:30am in the Chapel or
Channel 26 in the Facility**

No Mass on Thursdays or Fridays

Resident Council:

**This meeting is in the 3rd & 4th Floor
Dining Rooms at 2:30pm on February
13th**

Outings:

METZ-February 12th

Target-February 4th

Flagship-February 6th

L/A Museum-February 27th

Entertainment:

Sharon Wright-February 7th

Lorraine Ouellette-February 14th

Terry Swett-February 21st

Emily Torres-February 28th

Birthdays



**Feb 8th Laurette Chamberlain
4W**

Feb 18th Ronald Sharron 3W

**Feb 19th Elizabeth Wilkinson-
Sitarz 3W**

**Feb 20th John Smythe 3W &
Maurice Ball 4W**



Your Return Address
Street Number and Name
City, State ZIP Code

Postage
Information

Your Mailing Address
Street Number and Name
City, State ZIP Code

Resident Rights:

INFORMATION AND COMMUNICATION

It is your right to:

- Reasonable access to use of a phone, TTY and TDD services as well as use of a cell phone at the resident's own expense.
- Reasonable access to the internet to the extent available to the facility.
- Have reasonable access to and privacy in their use of electronic communications such as email and video communications and for internet research – Provided the access is available to the facility, at the resident's expense if the facility incurs costs and the use complies with State and Federal law (e.g. does not involve access to illegal online content, etc.)

Responsibility:

Reporting unexpected changes in their condition to the physician and the charge nurse.

